
BROSS



Allergens Handbook

Introduction

We produce our food in kitchens where allergens are handled, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free even after ingredients have been removed on request.

Bross bagels use the following allergens in their products and kitchen:

Celery, Cereals (Gluten), Eggs, Fish, Milk (Dairy), Mustard, Nuts, Peanuts, Sesame, Soya and Sulfites.

***CC - May contain due to Cross-contamination within Bross or from manufacturing**

***X - Contains allergen**

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Bagels / Bread

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Poppy Bagel					X						CC			
Plain Bagel					X						CC			
Pretzel Bagel					X						CC			
Sesame bagel					X						X			
Everything bagel					X						X			
Chipotle Cheddar					X		X				CC			
Wholemeal Bagel					X						X			
Bagel dough roll					X						CC			
Rye Loaf					X						CC			
Challah Loaf	X				X						X			
Genius Gluten Free Bagel											CC			

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Big Apple			X		X		X		X		CC		X	
Pretzel Bagel					X						CC			
Pastrami									X				X	
Monterey Jack Cheese							X							
Dill Pickle									X				X	
Mustard					X				X					
Mayo			X											
BLT			X		X						CC		X	
Plain Bagel					X						CC			
Bacon													X	
Lettuce														
Tomato														
Mayo			X											
Born Again Vegan	X				X				X	CC	X	X	X	CC
Everything Bagel					X						X			
Montreal Slaw	X								X	CC			X	CC
Crispy onions					X								X	
Jalapenos													X	
Facon					X				CC			X		
Vegan cheese														
Chilli Mayo									X	CC		X		CC
Buffanono (Cauliflower)	X				X		X		X	CC	X	X	X	CC
Sesame bagel					X						X			
Deep fried cauliflower					X									
Monterey Jack Cheese							X							
Montreal slaw	X								X	CC			X	CC
Mama Bross ranch dressing									X	CC		X	X	CC
Buffanono (Chicken)	X				X		X		X	CC	X	X	X	CC
Sesame bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Monterey Jack Cheese							X							
Montreal slaw	X								X	CC			X	CC
Mama Bross ranch dressing									X	CC		X	X	CC
Lox & Vinaigrette			X	X	X				X		CC		X	
Plain Bagel					X						CC			
Lox (smoked salmon)				X										
Dill Vinaigrette			X						X				X	
"Cream Cheese" & Tomato					X				X		CC	X		
Plain Bagel					X						CC			
Vegan Cream Cheese									X			X		
Tomato														

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Chicken Parm					X		X		X		X	X	x	
Everything bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Mozzarella							X							
Jalapenos													x	
Marinara sauce													CC	
Chicken Parm (vegan)					X						X	X	x	
Everything bagel					X						X			
This! Nuggs					X							X		
Vegan cheese														
Jalapenos													x	
Marinara sauce													CC	
Cold Turkey			X		X		X		X	CC	X	x	X	CC
Everything Bagel					X						X			
Turkey			CC		X		CC		X			X	x	
Avocado														
Swiss Cheese							X							
Tomato														
Chilli Mayo									x	CC			x	CC
Dirty Rachel	x		X		X		X		X	CC	CC	X	X	CC
Plain Bagel					X						CC			
Turkey			CC		X		CC		X			X	X	
Bacon													X	
Smoked Applewood							X							
Montreal Slaw	x								X	CC			x	CC
Rock sauce			X		X				X	CC		X	x	CC
Dirty Rachel's Vegan Little Sister					X				X		X	X	X	
Everything Bagel					X						X			
Facon					X				CC			X		
Vegan Cheese														
Sauerkraut													x	
Crispy onions					X									
1000 Island Dressing									x			x		
FLT					X				X		X	X		
Everything Bagel					X						X			
Facon					X				CC			X		
Lettuce														
Tomato														
Vegan Mayo									x			x		

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Buff Chick Club					X		X		X	CC	X	X	X	CC
Everything bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Bacon													X	
Jack Cheese							X							
Buffalo Butter														
Lettuce														
Mama Bross ranch dressing									X	CC		X	X	CC
House Cured Salt Beef & Mustard					X				X		CC		X	
Plain Bagel					X						CC			
Salt beef									X				X	
Mustard									X				X	
Lickin' Chicken	CC				X		X		X		X		X	
Sesame bagel					X						X			
Chicken														
Salami	CC						CC		CC				X	
Monterey Jack cheese							X							
Honey Mustard dressing									X					
Little Apple					X				X		X	X	X	
Plain bagel					X						CC			
Smoked mHeat					X				X			X		
Vegan cheese														
Dill Pickle									X				X	
Mustard									X					
Vegan mayo									X			X		
Turkey Pesto			X		X		X		X		X	X	X	X
Everything bagel					X						X			
Turkey			CC		X		CC		X			X	X	
Pesto							X							X
Jack Cheese							X							
Lettuce														
Tomato														
Mayo			X											

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
McBross			X		X		X		X	CC	X	X	X	CC
Everything bagel					X						X			
Haggis					X				CC					
Hash Brown					X									
Smoked Applewood cheese							X							
Caramelised onion chutney													X	
Rock sauce			X	X					X	CC		X	X	CC
McBross Vegan					X				X	CC	X	X	X	CC
Everything bagel					X						X			
Vegan haggis					X				CC					
Hash Brown					X									
Vegan smoked applewood cheese														
Caramelised onion chutney													X	
Vegan Chilli Mayo									X	CC		X		CC
Mile End			X		X		X		X	CC	CC	X	X	CC
Plain Bagel					X						CC			
Pastrami									X				X	
Dill Pickles									X				X	
Monterey Jack							X							
Pickled Red Onion									X				X	
Rock sauce			X	X					X	CC		X	X	CC
Montreal				X	X		X		X		X		X	
Sesame bagel					X						X			
Lox				X										
Cream cheese							X							
Pickled Red Onion									X				X	
Capers													X	
Lemon														
Dill														
Morning Glory Hole					X				X	CC	X	X		CC
Everything bagel					X						X			
Facon					X				CC			X		
Hash Brown					X									
Vegan smoked applewood cheese														
Vegan Chilli Mayo									X	CC		X		CC
Tomato														

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Not The Wurst					X				X	CC	X	X	X	CC
Everything bagel					X						X			
Vegan Lorne Sausage					X							X	X	
Beef Tomato														
Vegan Smoked Applewood Cheese														
Lettuce														
Vegan Chilli Mayo									X	CC		X		CC
Porkin' Chick			X		X		X		X	CC	X	X	X	CC
Everything bagel					X						X			
Chicken														
Chorizo							X					X		
Smoked Applewood cheese							X							
Dill pickles									X				X	
Lettuce														
Rock sauce			X		X				X	CC		X	X	CC
Spicy B.A.T.			X		X				X	CC	CC		X	CC
Plain Bagel					X						CC			
Bacon													X	
Avocado														
Tomato														
Chilli Mayo									X	CC			X	CC
Spicy F.A.T.					X				X	CC	X	X		CC
Everything bagel					X						X			
Facon					X				CC			X		
Avocado														
Tomato														
Vegan Chilli Mayo									X	CC		X		CC
Spicy CBT					X		X				CC		X	
Plain Bagel					X						CC			
Bacon													X	
Cream Cheese							X							
Tomato														
Jalapeno													X	
Spicy CFT					X				X		X	X		
Everything bagel					X						X			
Facon					X				X			X		
Vegan Cream Cheese									X			X		
Tomato														
Jalapeno												X		

2

Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
G.O.Y.			X		X		X		X	CC	X	X	X	CC
Everything bagel					X						X			
Bacon													X	
Fried Egg			X											
Hash Brown					X									
Smoked Applewood							X							
Rock sauce			X		X				X	CC		X	X	CC
Veggie Pesto					X		X				X			X
Everything bagel					X						X			
Pesto							X							X
Jack Cheese							X							
Tomato														
Cucumber														
Lettuce														
SCHNITZA	X		X		X		X		X	CC	X	X	X	CC
Pizza bagel	CC				X		X		CC		CC		X	
Chicken Schnitzel					X		X		X			X		
Cream Cheese							X							
Chilli Heatwave Doritos					X		CC					X		
Rock sauce			X		X				X	CC		X	X	CC
TLC			X		X		X		X		X	X	X	
Everything Bagel					X						X			
Turkey			CC		X		CC		X			X	X	
Bacon													X	
Monterey Jack							X							
Lettuce														
Dill Pickles									X				X	
Mayo			X											
Bomblette			X		X		X		X	CC	CC	X	X	CC
Plain Bagel					X						CC			
Pastrami									X				X	
Jack Cheese							X							
Folded Omelette			X											
Crispy Hash Brown					X									
Rock Sauce			X		X				X	CC		X		CC
Veggie Bomblette			X		X		X		X	CC	CC	X	X	CC
Plain Bagel					X						CC			
Sweet Fried Onions													X	
Cherry Tomatoes														
Goat's Cheese							X							
Folded Omelette			X											
Crispy Hash Brown					X									
Chilli Mayo									X	CC		X		CC

3 Fussy pant

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
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Bacon					X						CC		X	
Plain Bagel					X						CC			
Bacon													X	
Bacon & Cream Cheese					X		X				CC		X	
Plain Bagel					X						CC			
Bacon													X	
Cream cheese							X							
Butter					X		X				CC			
Plain Bagel					X						CC			
Butter							X							
Cheese					X		X				CC			
Plain Bagel					X						CC			
Montrey Jack/ Applewood/ Swiss cheese							X							
Cream Cheese					X		X				CC			
Plain Bagel					X						CC			
Cream cheese							X							
Cream Cheese and Lox				X	X		X				CC			
Plain Bagel					X						CC			
Cream cheese							X							
Lox (Cold smoked salmon)				X										
Fried Egg			X		X						CC			
Plain Bagel					X						CC			
Fried Egg			X											
Hash Brown					X						CC			
Plain Bagel					X						CC			
Hash Brown					X									
Nutella					X		X				CC	X		X
Plain Bagel					X						CC			
Nutella							X					X		X
PB & J					X					X	CC			X
Plain Bagel					X						CC			
Peanut butter										X				X
Jam														
PB					X					X	CC			X
Plain Bagel					X						CC			
Peanut butter										X				X
Square Sausage					X						CC	X	X	
Plain Bagel					X						CC			
Meat Lorne Sausage					X							X	X	
Haggis					X				CC		CC			
Plain Bagel					X						CC			
Haggis					X				CC					

3 Fussy pant

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Vegan Haggis					X				CC		X			
Everything Bagel					X						X			
Vegan Haggis					X				CC					
Vegan Cream Cheese					X				X		X	X		
Everything Bagel					X						X			
Vegan Cream Cheese									X			X		
Vegan Square Sausage					X						CC	x	x	
Plain Bagel					X						CC			
Vegan Lorne Sausage					X							X	x	
Facon					X				X		CC	X		
Plain Bagel					X						CC			
Facon									X			X		
Folded Omlette			X		X						CC			
Plain Bagel					X						CC			
Omelette			X											
PB, Banana, Honey					X					X	CC			X
Plain Bagel					X						CC			
Peanut Butter										X				X
Banana														
Honey														

4 Bross Dog

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Bross Dog			X		X				X	CC	CC	X	X	CC
Bagel dough roll			X		X						CC			
Jumbo dog														
Crispy onions					X									
Jalapenos													X	
Rock sauce			X		X				X	CC		X	X	CC
Plain Jane Dog			X		X						CC			
Bagel dough roll			X		X						CC			
Jumbo dog														
Plain Jane Vegan Dog					X					CC	CC			CC
Bagel dough roll					X						CC			
Jumbo Vegan Dog										CC				CC
Vegan Bross Dog					X				X	CC	X	X	X	CC
Bagel dough roll					X						X			
Jumbo Vegan Dog										CC				CC
Sauerkraut													X	
Crispy Onions					X									
Jalapenos													X	
Vegan Chilli Mayo									X	CC		X		CC
Bagel Dog					X						X			
Bagel dough roll					X						X			
Jumbo dog														
Vegan Bagel Dog					X					CC	X			CC
Bagel dough roll					X						X			
Jumbo Vegan Dog										CC				CC

5

Sauces & Schmears

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Buffalo Bacon Schmear					CC		X				CC		X	
Cream cheese							X							
Franks hot sauce														
Bacon													X	
Lemon & Dill Schmear					CC		X				CC			
Lemon & Dill Schmear							X							
Scallion Schmear					CC		X				CC			
Scallion Schmear							X							
Rock sauce			X		X				X	CC		X	X	CC
Chilli Oil														
Mayo			X											
Mustard									X					
Ketchup	X								X				X	
Marinara													CC	
Vegan Mayo									X			X		
Vegan Chilli Mayo									X	CC		X		CC
Vegan Buff Butter														
Vegan Ranch Dressing									X	CC		X	X	CC

6 Side

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Dill Pickles									X		CC		X	
Frickles					X				X		CC		X	
House Fries					CC						CC			
Marinara Pizza Bagel	CC				X		X		CC		X		X	
Everything bagel					X						X			
Mozzarella							X							
Marinara sauce													CC	
Salami (optional)	CC						CC		CC				X	
Marinara Vegan Pizza Bagel					X						X		CC	
Everything bagel					X						X			
Vegan mozzarella														
Marinara sauce													CC	
Vegan Filthy Fries					X				X	CC	CC	X	X	CC
Fries					CC						CC			
THIS! Isn't Nuggz					X							X		
Vegan Buffalo Butter														
Crispy Onions					X									
Jalapenos													X	
Mama Bross Ranch Dressing									X	CC		X	X	CC
Filthy Fries			X		X		X		X	CC	CC	X	X	CC
Fries					CC						CC			
Sliced Hot Dogs														
Mozzarella cheese							X							
Crispy Onions					X									
Jalapenos													X	
Rock Sauce			X		X				X	CC		X	X	CC
Challah Grilled Cheese			X		X		X				X			
Challah Loaf			X		X						X			
Cheese							X							
Butter							X							
Challah French Toast			X		X		X				X		X	
Challah Loaf			X		X						X			
French toast batter			X		X		X							
Bacon													X	
Maple syrup														

6 Side

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Croc au Bross			X		X		X		X	CC	X	X	X	CC
Challah Loaf			X		X						X			
Pastrami									X				X	
Monterey Jack Cheese							X							
Rock sauce			X		X				X	CC		X	X	CC

7 Sweets

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Chocolate and Orange Babka			X		X		X			X	CC	X		X
Chocolate Fudge Brownie					X						CC	X		X
Cookies					X						CC	X		
Salted Chocolate Cookie					X						CC	X		

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