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# BROSS



Allergens Handbook

# Introduction

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**We produce our food in kitchens where allergens are handled, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free even after ingredients have been removed on request.**

**Bross bagels use the following allergens in their products and kitchen:**

**Celery, Cereals (Gluten), Eggs, Fish, Milk (Dairy), Mustard, Nuts, Peanuts, Sesame, Soya and Sulfites.**

**\*CC - May contain due to Cross-contamination within Bross or from manufacturing**

**\*X - Contains allergen**

# 3

## Bagels / bread

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Poppy Bagel					X						CC			
Plain Bagel					X						CC			
Pretzel Bagel					X						CC			
Sesame bagel					X						X			
Everything bagel					X						X			
Chipotle Cheddar					X		X				CC			
Wholemeal Bagel					X						X			
Bagel dough roll					X						CC			
Rye Loaf					X						CC			
Challah Loaf	X				X						X			
Genius Gluten Free Bagel											CC			

# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Big Apple</b>			X		X		X		X		CC		X	
Pretzel Bagel					X						CC			
Pastrami									X				X	
Monterey Jack Cheese							X							
Dill Pickle									X				X	
Mustard					X				X					
Mayo			X											
<b>BLT</b>			X		X						CC		X	
Plain Bagel					X						CC			
Bacon													X	
Lettuce														
Tomato														
Mayo			X											
<b>Born Again Vegan</b>					X				X		X	X	X	
Everything Bagel					X						X			
Sauerkraut													X	
Crispy onions					X									
Jalapenos													X	
Facon					X				CC			X		
Vegan cheese														
Chilli Mayo									X			X		
<b>Buffanono (Cauliflower)</b>	X				X		X		X		X	X	X	
Sesame bagel					X						X			
Deep fried cauliflower					X									
Monterey Jack Cheese							X							
Montreal slaw	X								X				X	
Mama Bross ranch dressing									X			X	X	
<b>Buffanono (Chicken)</b>	X				X		X		X		X	X	X	
Sesame bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Monterey Jack Cheese							X							
Montreal slaw	X								X				X	
Mama Bross ranch dressing									X			X	X	

# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Chicken Parm</b>					X		X		X		X	X	X	
Everything bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Mozzarella							X							
Jalapenos													X	
Marinara sauce													CC	
<b>Chicken Parm (vegan)</b>					X						X	X	X	
Everything bagel					X						X			
This! Nuggs					X							X		
Vegan cheese														
Jalapenos													X	
Marinara sauce													CC	
<b>Cold Turkey</b>			X		X		X		X		X	X	X	
Everything Bagel					X						X			
Turkey			CC		X		CC		X			X	X	
Avocado														
Swiss Cheese							X							
Tomato														
Chili Mayo									X				X	
<b>Dirty Rachel</b>			X		X		X		X		CC	X	X	
Plain Bagel					X						CC			
Turkey			CC		X		CC		X			X	X	
Bacon													X	
Swiss Cheese							X							
Sauerkraut													X	
Crispy onions					X									
Rock sauce			X						X			X	X	
<b>Dirty Rachel's Vegan Little Sister</b>					X				X		X	X	X	
Everything Bagel					X						X			
Facon					X				CC			X		
Vegan Cheese														
Sauerkraut													X	
Crispy onions					X									
1000 Island Dressing									X			X		
<b>FLT</b>					X				X		X	X		
Everything Bagel					X						X			
Facon					X				CC			X		
Lettuce														
Tomato														
Vegan Mayo									X			X		

# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Hot Chick Club</b>					X		X		X		X	X	X	
Everything bagel					X						X			
Chicken Schnitzel					X		X		X			X		
Bacon													X	
Jack Cheese							X							
Avocado														
Tomato														
Lettuce														
Chilli Mayo									X			X		
<b>House Cured Salt Beef &amp; Mustard</b>					X				X		CC		X	
Plain Bagel					X						CC			
Salt beef									X				X	
Mustard									X				X	
<b>Lickin' Chicken</b>	CC				X		X		X		X		X	
Sesame bagel					X						X			
Chicken														
Salami	CC						CC		CC				X	
Monterey Jack cheese							X							
Honey Mustard dressing									X					
<b>Little Apple</b>					X				X		X	X	X	
Plain bagel					X						CC			
Smoked mHeat					X				X			X		
Vegan cheese														
Dill Pickle									X				X	
Mustard									X					
Vegan mayo									X			X		
<b>Mama Bross Club</b>	X		X		X				X		X	X	X	
Everything bagel					X						X			
Mama Bross chicken salad	X		X						X				X	
Bacon													X	
Dill pickles									X				X	
Lettuce														
Chilli Mayo									X			X		

# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>McBross</b>			X		X		X		X		X	X	X	
Everything bagel					X						X			
Haggis					X				CC					
Hash Brown					X									
Smoked Applewood cheese							X							
Caramelised onion chutney													X	
Rock sauce			X						X			X	X	
<b>McBross Vegan</b>					X				X		X	X	X	
Everything bagel					X						X			
Vegan haggis					X				CC					
Hash Brown					X									
Vegan smoked applewood cheese														
Caramelised onion chutney													X	
Vegan Chilli Mayo									X			X		
<b>Mile End</b>			X		X		X		X		CC		X	
Plain Bagel					X						CC			
Pastrami									X				X	
Sauerkraut													X	
Swiss Cheese							X							
Rock sauce			X						X			X	X	
<b>Montreal</b>				X	X		X		X		X		X	
Sesame bagel					X						X			
Lox				X										
Cream cheese							X							
Pickled Red Onion									X				X	
Capers													X	
Lemon														
Dill														
<b>Morning Glory Hole</b>					X				X		X	X		
Everything bagel					X						X			
Facon					X				CC			X		
Hash Brown					X									
Vegan smoked applewood cheese														
Vegan Chilli Mayo									X			X		
Tomato														

# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Not The Wurst</b>					X				X		X	X	X	
Everything bagel					X						X			
Vegan Lorne Sausage					X							X	X	
Beef Tomato														
Vegan Smoked Applewood Cheese														
Lettuce														
Vegan Chilli Mayo									X			X		
<b>Porkin' Chick</b>			X		X		X		X		X	X	X	
Everything bagel					X						X			
Chicken														
Chorizo							X					X		
Smoked Applewood cheese							X							
Dill pickles									X				X	
Lettuce														
Rock sauce			X						X			X	X	
<b>Spicy B.A.T.</b>			X		X				X		CC		X	
Plain Bagel					X						CC			
Bacon													X	
Avocado														
Tomato														
Chili Mayo									X				X	
<b>Spicy F.A.T.</b>					X				X		X	X		
Everything bagel					X						X			
Facon					X				CC			X		
Avocado														
Tomato														
Vegan Chilli Mayo									X			X		



# 2

## Filled Bagels

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>G.O.Y.</b>			X		X		X		X		X	X	X	
Everything bagel					X						X			
Bacon													X	
Fried Egg			X											
Hash Brown					X									
Smoked Applewood							X							
Rock sauce			X						X			X	X	
<b>The Hungry Vegan</b>					X						X			
Everything bagel					X						X			
Avocado														
Tomato														
Rock salt														
Chili oil														
<b>SCHNITZA</b>	X		X		X		X		X		X	X	X	
Pizza bagel	CC				X		X		CC		CC		X	
Chicken Schnitzel					X		X		X			X		
Cream Cheese							X							
Chilli Heatwave Doritos					X							X		
Rock sauce			X						X			X	X	

# 3 Fussy pant

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
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<b>Bacon</b>					X						CC		X	
Plain Bagel					X						CC			
Bacon													X	
<b>Bacon &amp; Cream Cheese</b>					X		X				CC		X	
Plain Bagel					X						CC			
Bacon													X	
Cream cheese							X							
<b>Butter</b>					X		X				CC			
Plain Bagel					X						CC			
Butter							X							
<b>Cheese</b>					X		X				CC			
Plain Bagel					X						CC			
Montrey Jack/ Applewood/ Swiss cheese							X							
<b>Cream Cheese</b>					X		X				CC			
Plain Bagel					X						CC			
Cream cheese							X							
<b>Cream Cheese and Lox</b>				X	X		X				CC			
Plain Bagel					X						CC			
Cream cheese							X							
Lox (Cold smoked salmon)				X										
<b>Fried Egg</b>			X	X							CC			
Plain Bagel				X							CC			
Fried Egg			X											
<b>Hash Brown</b>					X						CC			
Plain Bagel					X						CC			
Hash Brown					X									
<b>Nutella</b>					X		X				CC	X		X
Plain Bagel					X						CC			
Nutella							X					X		X
<b>PB &amp; J</b>					X					X	CC			X
Plain Bagel					X						CC			
Peanut butter										X				X
Jam														
<b>PB</b>					X					X	CC			X
Plain Bagel					X						CC			
Peanut butter										X				X
<b>Square Sausage</b>					X						CC	X	X	
Plain Bagel					X						CC			
Meat Lorne Sausage					X							X	X	
<b>Haggis</b>					X				CC		CC			
Plain Bagel					X						CC			
Haggis					X				CC					

# 3 Fussy pant

Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
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Vegan Haggis				X				CC		X			
Everything Bagel				X						X			
Vegan Haggis				X				CC					
Vegan Cream Cheese				X						X			
Everything Bagel				X						X			
Vegan Cream Cheese													
Vegan Square Sausage				X						CC	X	X	
Plain Bagel				X						CC			
Vegan Lorne Sausage				X							X	X	

# 4 Bross Dog

Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
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<b>Bross Dog</b>			X		X				X		CC	X	X
Bagel dough roll			X		X					CC			
Jumbo dog													
Sauerkraut												X	
Crispy onions					X								
Jalapenos												X	
Rock sauce			X					X			X	X	
<b>Plain Jane Dog</b>			X		X					CC			
Bagel dough roll			X		X					CC			
Jumbo dog													
<b>Plain Jane Vegan Dog</b>					X				CC	CC			CC
Bagel dough roll					X					CC			
Jumbo Vegan Dog									CC				CC
<b>Vegan Bross Dog</b>					X			X	CC	X	X	X	CC
Bagel dough roll					X					X			
Jumbo Vegan Dog									CC				CC
Sauerkraut												X	
Crispy Onions					X								
Jalapenos												X	
Vegan Chilli Mayo								X			X		
<b>Bagel Dog</b>					X					X			
Bagel dough roll					X					X			
Jumbo dog													
<b>Vegan Bagel Dog</b>					X				CC	X			CC
Bagel dough roll					X					X			
Jumbo Vegan Dog									CC				CC

# 5

## Sauces & Schmears

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusk	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Buffalo Bacon Schmear</b>					CC		X				CC		X	
Cream cheese							X							
Franks hot sauce														
Bacon													X	
<b>Lemon &amp; Dill Schmear</b>					CC		X				CC			
Lemon & Dill Schmear							X							
<b>Scallion Schmear</b>					CC		X				CC			
Scallion Schmear							X							
<b>Rock sauce</b>			X						X			X	X	
<b>Chilli Oil</b>														
<b>Mayo</b>			X											
<b>Mustard</b>									X					
<b>Ketchup</b>	X								X				X	
<b>Marinara</b>													CC	
<b>Vegan Mayo</b>									X			X		
<b>Vegan Chilli Mayo</b>									X			X		
<b>Vegan Buff Butter</b>														
<b>Vegan Ranch Dressing</b>									X			X	X	

# 6 Side

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Dill Pickles									X		CC		X	
Frickles					X				X		CC		X	
House Fries					CC						CC			
Marinara Pizza Bagel	CC				X		X		CC		X		X	
Everything bagel					X						X			
Mozzarella							X							
Marinara sauce													CC	
Salami (optional)	CC						CC		CC				X	
Marinara Vegan Pizza Bagel					X						X		CC	
Everything bagel					X						X			
Vegan mozzarella														
Marinara sauce													CC	
Vegan Filthy Fries (DAY)					X				X		CC	X	X	
Fries					CC						CC			
THIS! Isn't Nuggz					X							X		
Vegan Buffalo Butter														
Crispy Onions					X									
Jalapenos													X	
Mama Bross Ranch Dressing									X			X	X	
Vegan Filthy Fries (EVENING DELI)					X				X	CC	CC	X	X	CC
Fries					CC						CC			
Vegan Hot Dog Pieces										CC				CC
Vegan Buffalo Butter														
Crispy Onions					X									
Jalapenos													X	
Vegan Chilli Mayo									X			X		
Filthy Fries			X		X				X		CC	X	X	
Fries					CC						CC			
Sliced Hot Dogs														
Mozzarella cheese							X							
Crispy Onions					X									
Jalapenos													X	
Rock Sauce			X						X			X	X	
Challah Grilled Cheese			X		X		X				X			
Challah Loaf			X		X						X			
Cheese							X							
Butter							X							
Challah French Toast			X		X		X				X		X	
Challah Loaf			X		X						X			
French toast batter			X		X		X							
Bacon													X	
Maple syrup														

# 6 Side

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
<b>Croc au Bross</b>			X		X		X		X		X	X	X	
<b>Challah Loaf</b>			X		X						X			
<b>Pastrami</b>									X				X	
<b>Monterey Jack Cheese</b>							X							
<b>Rock sauce</b>			X						X			X	X	

# 7 Sweets

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusks	Mustard	Peanuts	Sesame	Soy	Sulphites	Treenuts
Chocolate and Orange Babka			X		X		X			X	CC	X		X
Chocolate Fudge Brownie					X						CC	X		X
Cookies					X						CC	X		



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# BROSS

